



Religious Education Newsletter Holy Savior Catholic Church

March 2023



Ash Wednesday was February 22 and the start of the Lenten season that ends on the evening of the Mass of the Lord's Supper on Holy Thursday. Lent is a forty day period in which we enter into a period of penance, preparation, and spiritual renewal. It is a time of deeper reflection and a surrender to God through prayer, fasting, and almsgiving. We are preparing for the Lord's resurrection at Easter.

Lent is not a game of "What can I give up for Lent?" It is a season of penance that helps us turn away from sin and turn toward Christ. According to the USCCB: "It is not only a time we are called to abstain from luxuries, but a time to a true inner conversion of heart as we seek to follow Christ's will more faithfully."

The first reading of Ash Wednesday, Joel 2:12-13, conveys this message: "Even now, says the Lord, return to me with your whole heart, with fasting, and weeping, and mourning; Rend your hearts, not your garments, and return to the Lord, your God."

Upcoming Events

March

- 1st Adoration, Benediction, Confession 6-7:00 PM
- 2nd Lenten Study Group with Fr. Lincoln
- 3rd Mass and Stations of the Cross 5:30 PM
Friday Lenten Meal McGing Hall
- 5th CCD & Adult Education
- 9th Lenten Study Group with Fr. Lincoln
- 10th Mass and Stations of the Cross 5:30 PM
Friday Lenten Meal McGing Hall
- 12th No CCD or Adult Ed - Spring Break
- 16th Lenten Study Group with Fr. Lincoln
- 17th Mass and Stations of the Cross 5:30 PM
Friday St. Patrick's Meal McGing Hall
- 19th No CCD or Adult Ed - Spring Break
- 22nd Parish Penance Service
- 24th Lenten Study Group with Fr. Lincoln
- 26th CCD & Adult Education
- 31st Adoration, Stations, Mass
Friday Lenten Meal Parish Hall



St Patrick's Day

March 17

St. Patrick is one of the world's most popular saint. He was enslaved as a teen by pagans and Druids. He turned to God while in captivity. He escaped captivity in his early 20s to France where he eventually was consecrated as a Bishop at 43. His greatest desire was to proclaim the Christian faith to his home country of Ireland. He ordained many priests, divided the country into dioceses, built churches, and founded several monasteries. He is regarded as the most successful missionary to Ireland for building the foundation for future generations of Catholics.

CCD March Newsletter

St Patrick's Day March 17



St. Patrick's Breastplate Prayer

Christ be with me, Christ within me
Christ behind me, Christ before me
Christ beside me, Christ to win me
Christ to comfort me and restore me.
Christ beneath me, Christ above me
Christ in quiet, Christ in danger
Christ in hearts of all that love me
Christ in mouth of friend or stranger.

Friday March 17 Lenten meal after Stations of the Cross and Mass will be corned beef and brisket. Bishop Kopacz has given a dispensation from Lenten meat abstinence for this day. He grants this dispensation with the condition that all those who take advantage of this will substitute another profound act of penance such as prayer or almsgiving.

SPRING BREAK

No CCD

March 12 & 19

Resumes March 26

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Abstain: Catholics 14 years and up should abstain from meat on Fridays during Lent, including Good Friday.

Catholics age 18-59 should fast on Good Friday by taking one full meal and two smaller meals. You are not required to do this if there are underlying health reasons.

3 Pillars of Lent

PRAYER: Lent is an act of prayer spread out over 40 days. As we use this Lenten season for prayer, may we grow closer to God and may we be changed by this encounter with Him. Going to Stations of the Cross on Fridays, daily Mass, or adoration on Fridays are examples of prayer we can add during Lent.

FAST: Fasting is a form of penance, which helps us turn away from sin and toward God. Try fasting from social media, gossip, and excessive screen time. We do this to honor Jesus' self discipline during His 40 days of temptation in the desert.

ALMSGIVING: This is not only a monetary donation. It also includes other forms of charity or acts of kindness. We should bring our faith out into the world through acts of generosity, kindness, and love to honor God.

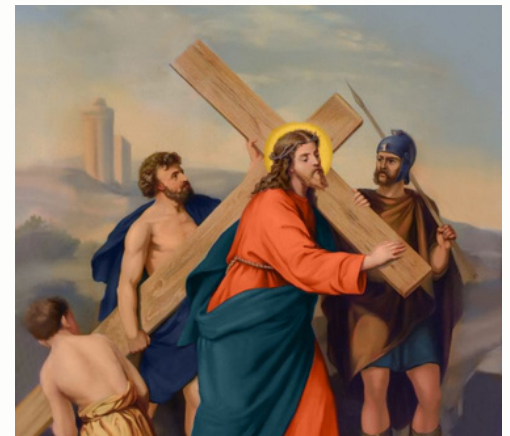
FRIDAYS OF LENT

Adoration: Noon - 5:00 pm

Stations of the Cross: 5:30 pm

Mass: Immediately after Stations

Friday Lenten Meals: Join us for a meatless meal Friday evenings after Mass. Sign up at church.



Parish Penance Service

March 22, 6:00 - 7:00 pm.

All youth are expected to attend.

7th-12th grade will have CCD class starting at 5:00 the night of the penance service. We will meet in the parish hall for pizza and penance.



CCD March Newsletter

Lenten Resources

Youth resources
Click image for link

Adult resources
Click image for link

Spirit Juice Kids



Brother Francis on Formed



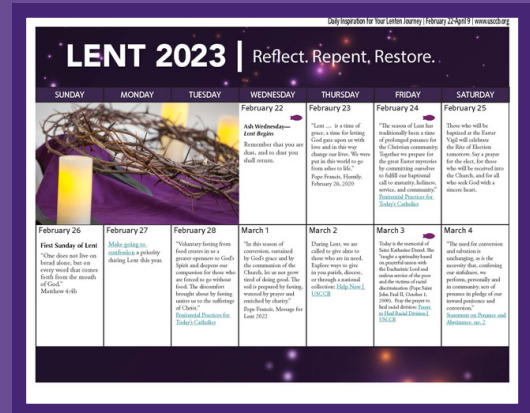
Sacred Heart of Jesus Convent



Busted Halo



Reflect. Repent. Restore.
Adult daily inspiration Lenten calendar



RETURN

Journey into the desert with Fr. John Burns. Link below is to Ave Maria Press YouTube. A podcast is also available.



Fr. Mike Schmitz talks about the purpose of Lent.



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SAVE THE DATE



2nd Grade 1st Communion Dates

**April 1st is the 1st Communion Retreat
10:00 am - 1:00 pm**

This is a mandatory retreat. All those preparing for Holy Communion must attend.

May 6, 10:00 am

1st Communion practice and pictures

May 7, 10:30 am Mass

1st Communion

Easter Egg Hunt

April 2nd during morning CCD

PreK - 4th grade

5th & 6th will help stuff the eggs



Confirmation Service Project

April 2nd

We will perform the Stations of the Cross at Brookdale Assisted Living on Palm Sunday. While this is a Confirmation service project, all grades are invited to participate.

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Holy Week Schedule

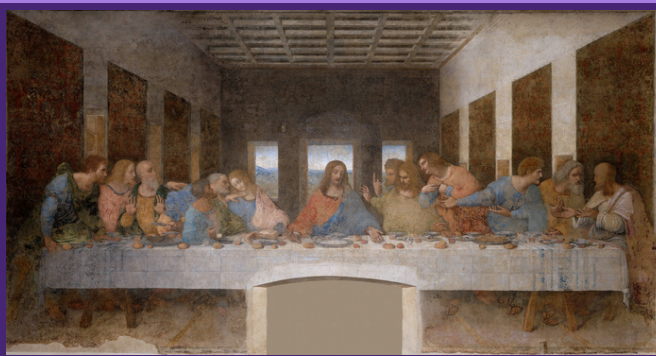


Palm Sunday

April 2

Saturday Vigil Mass 5:00 pm

Sunday Mass 10:30 am



Holy Thursday

April 6

Mass at 5:30 pm



Good Friday

April 7

Stations at Noon
Service at 5:30 pm



Easter Vigil Mass

April 8 at 7:00 pm



Easter Mass

April 9 at 10:30 am

Vacation Bible School

July 10-14, 6:00 - 8:00 pm



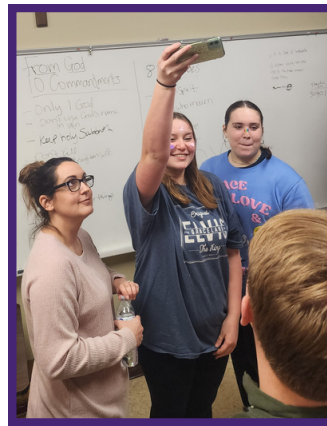
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Uno the Lost Sheep

Uno the lost sheep is wearing his purple Lenten liturgical colors. He also received his ashes on Ash Wednesday.



Our Youth



Brookdale Treats

4th - 6th grade stuffed treat bags with Chex cereal, pretzels, M&Ms, and cheerios to be given to the seniors at Brookdale Assisted Living in Clinton. PreK-12th also made Valentine cards to go with the treat bags.



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Poindexter Park

7th-12th graders fed the homeless in Jackson at Poindexter Park. We thank everyone who helped with this corporal works of mercy service project.



Julie & Mary Katherine , and Trish cooked the meal

**Remember to turn your
clocks forward 1 hour**

